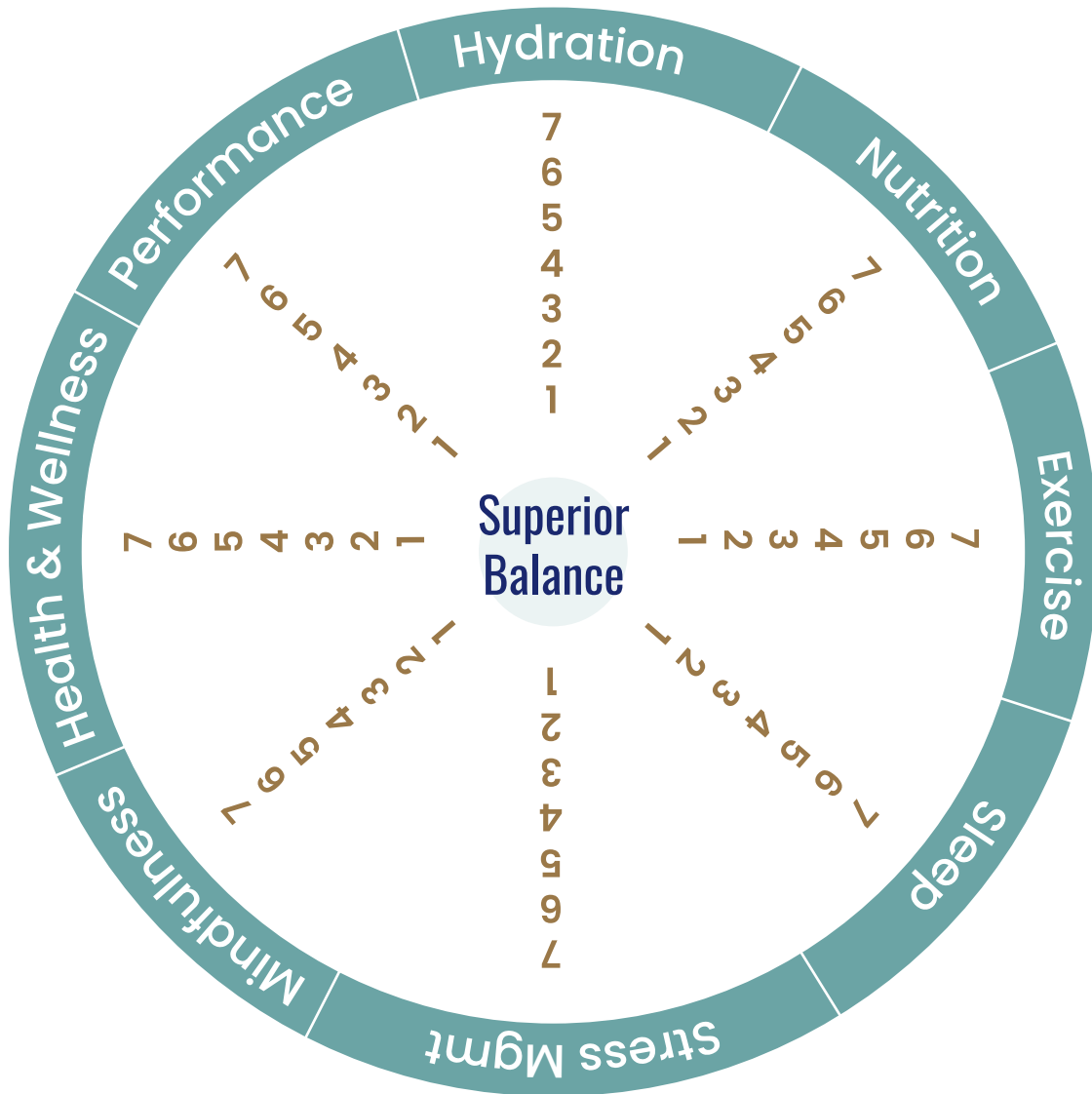




# The Superior Living Wheel



## How to use this model:

1. Rank where you are at today on each vector.
2. Determine where you desire to be on each vector.
3. Use the goal setting guide from our Superior Performance aspect to plan your "how."
4. Set up an achievable set of goals and time frames to hold yourself accountable!
5. Incorporate Superior Natural Mineral Water into your lifestyle regimen.
6. Recalibrate every six months.
7. Get on the pathway to your best life through Superior Living!